



*Cultural Orientation Workshop
for Warsaw University
2017*

The purpose of the cultural orientation workshop is to prepare foreign students for the first stages of their life in Poland. Once completed the participants would have a more realistic sense and expectation for how to successfully adapt in a new culture.

The goal is to educate the participants by exposing them to new ways of thinking, feeling and acting and to help them to integrate the lessons into their everyday lives.

Day 1

Introduction

Information about Poland that you can't google

Practical information about living in Poland (cost of living, public services, transportation, budget, bank, values and concepts specific to Poland)

Health Care (overview of the medical system, insurance, what to do in emergency situation, patients' rights)

Day 2

Laws, Rights and Responsibilities (Basic laws and rules that govern the country, visa and resident card information, public institutions and services, commonly broken laws)

Housing (finding accommodation, rights and responsibilities as a renter or tenant, interpreting a lease, costs of housing, safety measures in the house, registration)

Education (rules at the university, educational system for students, educational possibilities)

Evaluation